

**ONLY IN PRINT**

# A fair amount of wellness

The third annual Health and Wellness Fair for members of Fellowship Health Resources Inc., a nonprofit behavioral health care agency with programs across Greater Fall River, occurred Sept. 25.

The fair at the East Gate Christian Academy on Middle Street was made possible thanks to funds from a grant from the United Way of Greater Fall River for the continuance of FHR Fall River's Healthy Lifestyles Program.

Under FHR's Department of Health and Wellness, the Healthy Lifestyles Program in Fall River embraces the idea that successful behavioral health care services reach beyond the standard treatment for a mental illness or



SUBMITTED PHOTO

**Participants learn about healthy living and health care at the third annual Health and Wellness Fair.**

substance abuse disorder and consider all aspects of a person's well-being during their journey to recovery.

The fair was the kickoff

event for the program, where members from all over the region came to learn about healthy living, play interactive games and more.